



Notes from Patches and Friends



Wags & Walks! A March Update from Patches

Hi Friends!

Can you feel it? The air smells like dirt and sun (my favorite combo)! I'm so excited to finally chase butterflies instead of just shivering in the doorway. It's time to spring into adventure!

Patches' To Do List

Go on Long Walks: I will find at least five new trees to sniff. You can go for a walk and find at least five things you are grateful for.

Read a Book: I'm currently chasing characters in my new book that will soon be released, [Patches Explores Pagosa Springs: A Guide Dog's Mountain Adventure](#).

You can find a cool book at the library!

Play Fetch: I am going to play fetch.

You may ask your parents to join you outside and play: catch, hide and seek, jump rope, hopscotch, or soccer.

Spring Cleaning: I will help find the toys that got stuck under the couch over winter.

You can help your family clean up your house, your yard, or go help a neighbor with their yard.

Note to Parents:

March is a great time to encourage cozy reading corners. Let your little ones read their favorite book aloud to their furry (or stuffed) friends—it's excellent for confidence! Keep those walks active and enjoy the milder weather.

Activity Idea: Build a blanket fort and have a "Book Reading Session."

Stay playful,
Patches

PurposefulPals.com

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Get in Touch

Patches and I would love to hear from you—maybe you have a question for Patches, a special message to share, or even a drawing of Patches in your favorite place!



And guess what? Patches and I are always dreaming about our next adventure. Where do you think we should go? Share your ideas, and maybe your adventure will be the one we take next!

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